

JANUARY 2018

Good Shepherd Hospice Bereavement and Support Group Programs



GOOD SHEPHERD
HOSPICE
A Chapters Health® Affiliate

After losing a loved one, some survivors may find that the pain associated with that loss doesn't lessen with time. Support groups provide a safe place to express feelings, share experiences, learn about grief and move ahead in the grief process. Good Shepherd Hospice provides various support groups throughout the year. We hope you will take advantage of the group that best suits your needs and circumstances.

You do not have to be the loved one of a Good Shepherd Hospice patient to participate in these support groups. We are pleased to offer all of our programs to anyone residing in Polk, Highlands or Hardee County who has experienced the death of a loved one. All support groups are provided at no charge to participants. For more info and to register for support groups, please call 863-968-1739 or 1-800-464-3994.

Polk County

Adult Grief Support Groups

Open-ended support groups for adults grieving the loss of a loved one

Tuesdays, January 2 & 16

10:30 a.m. – noon or 5:30 – 7 p.m.

The Way at Inwood Church

1302 33rd Street NW, Winter Haven

Thursday, January 4

10:30 a.m. – noon

Lake Ashton Health and Wellness Center

6052 Pebble Beach Blvd., Winter Haven

Thursdays, January 11 & 25

10:30 a.m. – noon

Saint David's Episcopal Church

145 E. Edgewood Dr., Lakeland

Thursdays, January 11 & 25

5:30 – 7 p.m.

Lakeland Hospice House

3450 Lakeland Hills Blvd., Lakeland

Monday, January 15

10:30 a.m. – noon

Water's Edge of Lake Wales

10 Grove Ave. W., Lake Wales

Monday, January 15

1:30 – 3 p.m.

Hawthorne Inn of Lakeland

6150 Lakeland Highlands Rd., Lakeland

Wednesday, January 17

2 – 3:30 p.m.

Savannah Court, 301 Peninsular Dr., Haines City

Grupo de apoyo al duelo para adultos que hablan español

Spanish-Speaking Adult Grief Support Group

Martes, 2 de enero, 5:30 – 7 p.m.

Lakeland Hospice House

3450 Lakeland Hills Blvd., Lakeland

Child & Teen Support Group

A support group for children and teens, ages 5 to 17 (at least one parent/guardian must attend)

Thursdays, January 4 & 18, 6 – 7:30 p.m.

Bethany Center, 105 Arneson Ave., Auburndale

Loss of an Adult Child

For parents grieving the loss of a child, age 18+

Monday, January 8, 4:30 – 6 p.m.

Forsythe Hospice House

105 Arneson Ave., Auburndale

Coming Soon: Camp Brave Heart

A weekend camp for children, ages 6 to 16 years of age (see enclosed flyer for more info).

Applications available the first week of January.

April 6 – 8, Circle F. Dude Ranch, Lake Wales

Volunteering at Good Shepherd Hospice

There are so many opportunities to share your unique talents and skills. Every service can have a profound effect on the people we care for. A few ways you can make a difference: patient/family support, office assistance, children's grief services, veterans program, community outreach. For more information, call 863-551-3943 to speak to a Volunteer Services representative or visit www.chaptershealth.org.

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Highlands County

Adult Grief Support Groups

Open-ended support groups for adults grieving the loss of a loved one

Tuesdays, January 9 & 23

5:30 – 7 p.m.
Somers Hospice House
1110 Hammock Road
Sebring

Wednesdays, January 10 & 24

10:30 a.m. – noon
Somers Hospice House
1110 Hammock Road
Sebring

Child & Teen Support Group

A support group for children and teens, ages 5 to 17 (at least one parent/guardian must attend)

Thursdays, January 11 & 25

6 – 7:30 p.m.
Good Shepherd Hospice Sun Room
3003 Herring Ave.
Sebring

Coming Soon

Camp Brave Heart

A weekend camp for children, ages 6 to 16 years of age (see enclosed flyer for more info). Applications available the first week of January. Please call 863-968-1739 for more info.

April 6 – 8

Circle F. Dude Ranch
Lake Wales

Hardee County

For more information about grief support in Hardee County or to schedule an appointment, please contact Angel Sanders at 863-402-1066 or 1-800-464-3994.

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Preregister for support groups on the Calendar at www.chaptershealth.org.