

OCTOBER 2017

Good Shepherd Hospice Bereavement and Support Group Programs



GOOD SHEPHERD
HOSPICE
A Chapters Health® Affiliate

After losing a loved one, some survivors may find that the pain associated with that loss doesn't lessen with time. Support groups provide a safe place to express feelings, share experiences, learn about grief and move ahead in the grief process. Good Shepherd Hospice provides various support groups throughout the year. We hope you will take advantage of the group that best suits your needs and circumstances.

You do not have to be the loved one of a Good Shepherd Hospice patient to participate in these support groups. We are pleased to offer all of our programs to anyone residing in Polk, Highlands or Hardee County who has experienced the death of a loved one. All support groups are provided at no charge to participants. For more info and to register for support groups, please call 863-968-1739 or 1-800-464-3994.

Polk County

Adult Grief Support Groups

Open-ended support groups for adults grieving the loss of a loved one

Mondays, October 2 & 16

1:30 – 3 p.m.
Hawthorne Inn of Lakeland
6150 Lakeland Highlands Rd., Lakeland

Tuesdays, October 3 & 17

10:30 a.m. – noon or 5:30 – 7 p.m.
The Way at Inwood Church
1302 33rd Street NW, Winter Haven

Wednesdays, October 4 & 18

2 – 3:30 p.m.
Savannah Court
301 Peninsular Dr., Haines City

Thursday, October 5

10:30 a.m. – noon
Lake Ashton Health and Wellness Center
6052 Pebble Beach Blvd., Winter Haven

Thursdays, October 12 & 26

10:30 a.m. – noon
Saint David's Episcopal Church
145 E. Edgewood Drive, Lakeland

Thursdays, October 12 & 26

5:30 – 7 p.m.
Lakeland Hospice House
3450 Lakeland Hills Blvd., Lakeland

Monday, October 16

10:30 a.m. – noon
Water's Edge of Lake Wales
10 Grove Ave. W., Lake Wales

New grief support group for Spanish-speaking adults! **Grupo de apoyo al duelo para adultos que hablan español**

Martes, 3 de Octubre / Tuesday, October 3

5:30 – 7 p.m.
Lakeland Hospice House
3450 Lakeland Hills Blvd., Lakeland

Loss of an Adult Child

For parents grieving the loss of a child, age 18+

Monday, October 2

4:30 – 6 p.m.
Forsythe Hospice House
105 Arneson Ave., Auburndale

Child & Teen Support Group

A support group for children and teens, ages 5 to 17 (at least one parent/guardian must attend)

Thursdays, October 5 & 19

6 – 7:30 p.m.
Bethany Center
105 Arneson Ave., Auburndale

Volunteering at Good Shepherd Hospice

There are so many opportunities to share your unique talents and skills. A few ways you can make a difference: patient/family support, office assistance, children's grief services, veterans program, community outreach. For more information, call 863-551-3943 to speak to a Volunteer Services representative or visit www.chaptershealth.org.

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Highlands County

Adult Grief Support Groups

Open-ended support groups for adults grieving the loss of a loved one

Tuesdays, October 10 & 24

5:30 – 7 p.m.

Somers Hospice House
1110 Hammock Rd.
Sebring

Wednesdays, October 11 & 25

10:30 a.m. – noon

Somers Hospice House
1110 Hammock Rd.
Sebring

Child & Teen Support Group

A support group for children and teens, ages 5 to 17 (at least one parent/guardian must attend)

Thursdays, October 12 & 26

6 – 7:30 p.m.

Good Shepherd Hospice Sun Room
3003 Herring Ave.
Sebring

Hardee County

For more information about grief support in Hardee County or to schedule an appointment, please contact Angel Sanders at 863-402-1066 or 1-800-464-3994.

Volunteering at Good Shepherd Hospice

There are so many opportunities to share your unique talents and skills. Every service can have a profound effect on the people we care for. A few ways you can make a difference: patient/family support, office assistance, children's grief services, veterans program, community outreach. For more information, call 1-800-464-3994 to speak to a Volunteer Services representative or visit www.chaptershealth.org.

Preregister for support groups on the Calendar at www.chaptershealth.org.