

SEPTEMBER 2017

LifePath Hospice Bereavement and Support Group Programs



LIFEPATH
HOSPICE

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After the loss of a loved one, some survivors may find the pain associated with their loss doesn't lessen with time. Individual grief counseling and support groups provide a safe place to express feelings, share experiences, learn about grief and move ahead in the process. LifePath Hospice provides various support groups and individual counseling. It is our hope that you will take advantage of the programs that best suit your particular needs and circumstances.

You don't have to be the loved one of a LifePath Hospice patient to participate in these support services. We are pleased to offer our programs to anyone residing in Hillsborough County who has experienced the death of a loved one. Preregistration is required for all offerings.

For more information and to register for support groups, please call 813-877-2200.

New Beginnings Adult Grief Support Groups

Eight-week support groups for adults grieving the loss of a loved one. For more information, visit the Calendar at www.chaptershealth.org or call 813-877-2200. We make every effort to accommodate your group preference, but please be aware that the group size is limited.

Memorial Hospital – Tampa

Wednesdays, Sept. 6 – Oct. 25, 2:30 – 4 p.m.

Northwest Tampa – Carrollwood

Thursdays, Oct. 5 – Nov. 30*, 2:30 – 4 p.m.

South Tampa

Mondays, Oct. 9 – Nov. 27, 6 – 7:30 p.m.

Temple Terrace

Thursdays, Oct. 12 – Dec. 7*, 6 – 7:30 p.m.

Brandon

Tuesdays, Oct. 17 – Dec. 5, 6 – 7:30 p.m.

Plant City

Thursdays, Oct. 19 – Dec. 7*, 10:30 a.m. – noon

Sun City Center

Mondays, Oct. 23 – Dec. 11, 2 – 3:30 p.m.

**There will be no groups on Thanksgiving, 11/23.*

Ongoing Adult Support Group

Second and fourth Mondays every month
September 11 & 25 and October 9 & 23
10 – 11:30 a.m., Sun City Center

Second and fourth Wednesdays every month
September 13 & 27, and October 11 & 25
2 – 3:30 p.m., Riverview

Wednesday, September 13

10 – 11:30 a.m., Plant City Living Center

Tuesday, October 10

10 – 11:30 a.m., Plant City Towers

Young Adult Support Group

A support group for young adults, ages 19 to 25.
First and third Tuesdays every month
September 5 & 19, and October 3 & 17
6 – 7:30 p.m., South Tampa

Suicide Loss Support Group

Second and fourth Tuesdays every month
September 12 & 26, and October 10 & 24
6 – 7:30 p.m., South Tampa

LifePath Hospice also offers Loss of a Child and Loss of a Child to Addiction support groups at our Temple Terrace location. Please call 813-877-2200 for details.

Circle of Love Center

Provides ongoing evening support group meetings for young griever and their families who have experienced the death of a loved one.

Children and teens, ages 3 to 18

Tuesdays or Thursdays

September 12 or 14, and September 26 or 28
October 10 or 12, and October 24 or 26
6 – 7:30 p.m., South Tampa

E-Newsletter

If you would like to receive this calendar via email, please email crowea@chaptershealth.org.

Healing Grief through Volunteering

If you'd like to channel your time and energy into something productive and meaningful, there are many ways to volunteer with LifePath Hospice—clerical work, running errands for patients or giving caregivers a much-needed break. Call Volunteer Services at 813-877-2200 or complete the volunteer application at www.chaptershealth.org to get started.